

6 Days 5 Nights Mount Kenya Climbing Naro Moru out Chogoria Route

Durations: Mt Kenya Climb – 6 days / 5 nights

Park:Mount Kenya National Park

Grade:B- moderate. Up to 6.5 hours / 15 miles per day.

Approximate Trekking Distance: 77 kms

Starts : Nairobi/Ends : Nairobi

Departure Day: Daily

Accomodation :Standard Lodge at Mountain Base and Tent While trekking

Minumum person required: 2 participants

Activities:Hiking and trekking,Tree naming, bird watch , wildlife encounter ,photography and beautiful scenery views

DAY 1: Naro Moru

Depart from Nairobi at 09:00hrs and proceed South towards the cool slopes of Mt. Kenya. Cross the Equator and arrive at Nanyuki hotel/ Lodge in time for Lunch. Relax and Enjoy the lodge the climate of Mt kenya and scenery while sorting and organizing personal equipment for the mountain trek. A COMPLIMENTARY walking tour to the EQUATOR. Overnight at Simbas Lodge or similar .

DAY 2: Met Station Camp Site

Drive to **Naromoru Gate** and then walk to Met station camp at 10,000 ft. Overnight at the Met station camp. Here we spend the night in high altitude mountain tents. 10kms 3-4 hrs walk

DAY 3: Mackinders Camp

After Breakfast we ascend to **Mount Kenya Climbing** and Trekking -Naro Moru out





Chogoria Route. Any physically fit person can climb Mt. Kenya. on this 6 Days 5 Nights Hiking. via Teleki Valley and spend the night camped in this beautiful little valley below subsidiary peaks of point John and Diamond Cooler. Overnight stay Mackinders. 9 kms 4-5 hrs walk

DAY 4: Mackinders Camp – Summit Point Lenana

Climb to point Lenana and then to Mintos Hut for breakfast then down to chogoria park gate bandas for overnight. 18 kms from Mintos.5-7 hrs walk

DAY 5: Chogoria bandas-chogoria town

Descend from bandas to Chogoria town with option of walking half way or taking 4x4. 32kms .walking is 7 hrs while drive 2 hours.

2018 Prices US\$ 1,545 Per Person Sharing

Includes:

- All transport
- Accommodation in the mountain huts
- All meals while on the climb
- Park entry fees
- Services of a qualified and experienced Mountain Guide
- Services of experienced porters and cook
- Government taxes

Excludes:

- Extras -tips, drinks, telephone, laundry or any other personal expenses



What to bring:

- Waterproof hiking boots
- Rain suit, sleeping bags
- Flashlights
- Sunglasses balaclava
- Hand gloves
- Night shoes
- Large plastic bags -essential for wetness in case of rain

James Kariuki- Our Chief Mountain Guide

Our Chief Mountain guide is Mr. James M. Kariuki-James is a graduate of the American National Outdoor Leadership School (NOLS) 1996-1997. Backed by a team of knowledgeable courteous and attentive staff; James is a professional who puts safety first. You wont fail to notice his organizational skills characterized by him having worked with for the air force (Armed forces) before he sacrificed the prestigious job to do what he loves most. - Outdoor Adventures.

James has done more than 300 Ascends to date on Mount Kenya summit and 25 ascends on Mount Kilimanjaro Uhuru peak. Not to mention Mount Elgon, Aberdares ranges, Mount Meru-Arusha among others.

James is a member of:-

- The East African wildlife Society
- The St.Johns ambulance
- The Eco-Tourism Society
- Honorary member of the Rotary Club of Woodstock Vermont-USA

James hobbies are mounteeering, traveling & reading. He is widely traveled in East Africa, Europe and USA courtesy of his clients where he is invited as guest speaker to give lectures on mountaineering. In USA he has trekked part of the Appalachians trail among other places.